



T H E

NEW

# FILLMORE

Volume 2

Number 5

September 1987



John Sutton Photography

- Tishman finally breaks the ground at Fillmore Center
- Getting to the worth of things
- New section on things for kids to do



## Community news briefs and not-so-briefs

### UCSF stays stay—stays at Laurel Heights with research

The University of California San Francisco's research facilities at the Laurel Heights campus were shut down by the California Court of Appeal and reopened by the California Supreme Court all within a 48-hour period early last month, as the struggle between UCSF and the Laurel Heights Improvement Association over the kind of facilities the University should be allowed to operate at Laurel Heights gets more deeply enmeshed in the judicial process.

Shortly after the decision by the Court of Appeal on July 9 that UCSF's environmental impact report was "woefully inadequate," the Improvement Association brought a motion to the appellate court to issue a stay requiring UCSF to abandon all present research activities at the Laurel Heights campus. The appeals court issued a 90-day stay order on Tuesday August 4, and UCSF, in compliance with the order, began immediately to close the facilities, packing things away in boxes, while simultaneously filing a motion with the California Supreme Court requesting an immediate temporary stay of the appeals court stay. A four member panel of the Supreme Court received the motion on Thursday August 6, and without waiting for an answer to be filed the following day by the Association, issued an order the same day staying the effect of the lower court order, pending a fuller review of the matter by the Supreme Court. On August 10 however, having considered the answer filed by the Association on August 7, the court modified its order to specifically proscribe the use of radioactive materials during the stay.

The Supreme Court is expected to rule shortly on whether or not it will hear the appeal of the lower court decision filed by UCSF. The grounds for UCSF's appeal is that it alleges the appeals court ruling is in conflict with other appeals court rulings in similar cases, and that therefore the supreme court needs to clarify the case law.

If the supreme court declines to hear UCSF's appeal, the University will have to comply with the trial court finding and produce a new Environmental Impact Report. UCSF faced a similar

tangle 10 years ago at its Parnassus Heights campus when a neighborhood association there secured a legal settlement on expansion plans that included the filing of a new E.I.R.

Despite that experience, and apparently painstaking efforts on the part of UCSF to woo Laurel Heights neighbors with community meetings and discussions of plans, the University has once again found itself in a thicket of legal objections,

and even charges that it committed fraud and deceit in deliberately misleading residents about the fact that it intended to locate its school of pharmacy there with its research laboratories which make use of radioactive and other carcinogenic materials.

Meanwhile, on Oct. 1 UCSF's Committee of Arts and Lectures begins its second season of Musical Panoramas in the Laurel Heights Auditorium.

### Letters to the editor

Dear David,  
Purchasing goods and services from within the community in order to preserve and support a healthy local economy is an idea of immense importance. The idea is not a new one and maybe for that reason it merits some rumination in order to refresh our understanding of its underlying value. There are those for whom the idea has no appeal and there are others for whom the idea has ceased to function entirely.

It is not so much a question of what is my community as it is a question of *who* is my community. The obverse side of this question is the equally important need to *provide* goods and services *to* the community. It is a wonderful thing to have banners which exclaim "Buy Fillmore" but is it always so wonderful if my goods or services are of questionable repute or are threateningly priced? This is a delicate thought which needs to

Continued on page 6

### THE NEW FILLMORE

The New Fillmore is published monthly from Box 343, 2443 Fillmore Street, San Francisco, CA 94115. Tel. 931-1245. (You should see the size of the box!) David Ish, Editor and Publisher, Ginny Lindsay, Art Director, Carol Tolbert, Production Supervisor. We warmly welcome letters to the editor, articles, fiction, poetry, and notions. All submissions, whether real or imagined, must be either about something happening in the neighborhood (or at least partially set in the neighborhood if its fiction) or written by someone living here.

### California Historical Society Seeks Docents

The California Historical Society is accepting applications for the fall docent training program. The 16-session series of classes will be held Saturday mornings, beginning September 26, 1987. The course is designed for volunteers interested in leading interpretive tours of the Society's Whittier Mansion. Lectures will be presented by noted scholars in the fields of California history, fine arts, architecture and lifestyle, from the days of the gold rush to the present. Docents make a commitment to tour for two years. Tuition for the program is \$45.

Anyone interested in volunteering may contact the docent office at 567-1848.

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# INSIGHT THE NEW FILLMORE



## The Tishman Project: Boon or Boondogle? by Anne Cofflet

The twenty-year saga of the Tishman project, also known as the Fillmore Center, drew to a close last month as multi-million dollar financing was finally secured for this 1100 unit housing and commercial development located south of Geary. (See this month's lead story.) New life will now come to Fillmore and judging from the responses to this month's question the major concern is whether the Tishman project will really provide low and moderate cost housing enabling future residents of the Fillmore Center to continue to reflect the racial diversity which makes the Fillmore the Fillmore.

### Mike Fedor

Health Care Consultant  
Netta Fedor  
Secretary/Word Processor  
Residents: Bush at Fillmore

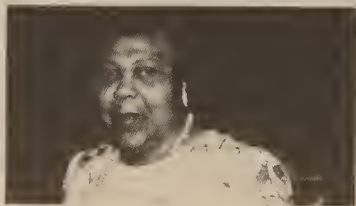


Mike "I have mixed feelings about it for two reasons: 1) suspicions about the reality of low-income housing; 2) we like the neighborhood because it's a mix and we're concerned about it not becoming a mix. Yet we're ambivalent about it because we're part of the reason it's changing. We're stuck in the middle of the dilemma. We like the neighborhood, it's Black, Japanese, White, older, younger, gay and straight and we wouldn't want to live in an all white upper-income Pacific Heights area. The Tishman project sounds like it's going to pull Pacific Heights south and dislocate a lot of the ethnic qualities of the neighborhood."

Netta: "I don't really know what the Tishman project is going to be like but we feel very strongly about the neighborhood. On one hand we're homeowners, so we hope the price of the property continues to go up, conversely, we hate to see the area become another Union Street."

### Ruby Moe

Housewife and mother of six.  
Resident: The Avenues



"The neighborhood has already changed, it's building up and it's going to be better. I've been in the area for forty years and I think the Tishman project is going to work. Everything is beginning to turn over here and the Fillmore is improving."

### Melba Jackson

Nanny; formerly from Wisconsin  
Future Resident of the Fillmore



"I'd like to make this comment regarding the Tishman project and the Fillmore area. In spite of the fact that if you want to upgrade yourself and upgrade the neighborhood, there are people who have maybe not grown, but still have a place in society and there needs to be a place for them too."

### Left to Right: Oba, Take, Yuji, Hama, Katsu

(Non-Fillmore residents interviewed at New Jack's at Fillmore and Geary.)



Katsu: "The Fillmore is becoming a high-class area, and rents are expensive, but this is true all over the city. I hope the Tishman project will offer reasonable rents enabling low-income people to live there."  
Oba: "I think the Tishman project represents the typical American way, discrimination. Not only against black people but Asian peoples and all immigrants. What I mean by discrimination is whenever people are pushed out, that's what I feel." Takl "I think the Tishman project is good but you have to take care of the people who had to get out. So I'm wondering where those people are, if the City is taking care of them or if they are just kicked away." Hama "I don't know exactly what kind of development the Tishman project will be but we need good apartments not just for high-income persons. We need cheaper apartments too."

### Melvin Finley

Retired State  
Para mutual Clerk  
Resident: Sutter/Fillmore



"I don't know what's going to happen, but I hope they do what I think is the right thing, the people that were living there -- they'll give the housing back to them and have affordable rents. If they hike the prices up beyond their reach then they're still not doing any good by putting the projects there. If it's true that studios will go for \$500.00 a month that's not low-income housing and this will be out of reach for the ordinary Black person."

## "People can't believe I'm over 70"

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DOG WALKING. FLEA BATHS



Fillmore Street getting too commercial? Those of us who think Fillmore Street is getting too commercial got some strong evidence late last month in the form of this crew shooting a pantyhose commercial in front of Harry's shortly before his first anniversary celebration.



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# Community Development: a mega-blockbuster project

## Tishman finally gets his Fillmore Center dream

When Don Tishman put his spade in the ground next to Mayor Feinstein at the ceremonial ground-breaking for the 1113-unit Fillmore Center development August 18, it was ground he had finally reached after a long, hard, cold and frequently lonely trail. Often working with the help and interest of others, but sometimes working alone and single-handedly against great financial adversity and much more risk than he had ever expected to encounter, Don Tishman begged and finally borrowed The Fillmore Center into existence.

In fact the new ground he broke at the Fillmore Center was anti-climactic compared to the new ground he had to break in putting a deal together that would carry his 130 million dollar, 9-acre package. Tax law changes, which this time last year succeeded in drying up about 35 million of the 130 million he needed to go ahead, forced him to come up with a brand new financial instrument for him to sell to the conservative financial marketplace in order to secure his needed funds, much in the way that Newton had to invent calculus because it was the only way he could explain the laws of gravitation. And as calculus turned out to have applications beyond explaining gravity, the new financial vehicle forged by Tishman is expected to serve as model for funding a lot more projects in the future. Financial people present at the ground-breaking discussed it with the sort of awe and excitement astronomers usually reserve for the discovery of a super nova.

It all started out innocently enough. Tishman, a nationwide developer from Columbus, Ohio, who has built multi-family units all over the country was smart enough to avoid San Francisco because everybody here was talking about the need for housing but no one was doing anything about it. "The true test of the thought is the act," he said at the ground breaking, and nobody was acting.

However a small group of local developers, Fillmore Associates, which had secured from the Redevelopment Agency the right to develop the block from Fillmore and Steiner to O'Farrell and Ellis, approached Tishman to see if he might be able to provide them with some financial sources. He agreed to take a look at their situation, and as he became involved he became convinced that the only way possible to secure financing was to conduct the project on such a massive scale that it in fact became its own mini-neighborhood rather than an isolated up-scale block in a down-scale wilderness. So other property owners in the redevelopment area around that block were approached, including the Third Baptist Church, which had plans and concerns for developing the areathat included a community center. A partnership was formed with the Third Baptist Church and several other local property owners in order to put together a package that would cover nine acres of land in an area generally bound by Geary to the north, Turk to the south, Webster to the east and Steiner on the west.

Preliminary plans for the development, which included 26-story towers, were presented to The City, which found the proposed towers too high. Tishman dutifully scaled back, and approval was



Mayor Feinstein at the ground-breaking of the Fillmore Center on Tuesday, August 18. Seated second from left and next to Board of Supervisors' President Nancy Walker is Fillmore Center developer Don Tishman. Directly behind the Mayor is the Rev. Amos Brown, Pastor of the Third Baptist Church, a partner in the project. To his right is former city chief administrative officer and current mayoral candidate Roger Boas, and two directors of the Redevelopment Agency. won for the less massive and more neighborhood-oriented present plans.

Then with Redevelopment Agency and city approval secured it became a matter of seeking out the necessary financing. Tishman, who was intimately familiar with financial vehicles and the financial marketplace, did not expect to have any difficulty securing the necessary funding. What he wasn't expecting was the change in the tax laws last year which killed the syndication market he was counting on to secure a substantial portion of his funding. Thus the need for some fast financial innovation.

Local banks were not in the least interested in the project, preferring in some cases to stick to staggering OPEC-related and third world losses thousands of miles away while writing off the Western Addition in their own back yard as too risky. So Tishman, rather than get his money from Bank of America and Wells Fargo, secured it from Sanwa, Sumitomo, and the Bank of Nova Scotia who saw great value in the Center's proximity to downtown.

What Tishman is doing with the money is building a post-modern complex (see photo of model on the cover) in which half the land is devoted to landscaping and "waterscaping," reflecting his belief that good housing provides tranquil outdoor areas with attractive landscaping and water.

In addition to the 1113 residential units, 743 of which are either studios or one bedroom apartments, accomodating San Francisco's singles lifestyle, there will be 25 to 30 retail stores, a 27,000 square foot health club, a lap swimming pool, and 1300 enclosed parking places.

Not too shabby. Or, some would say, not shabby enough. Or at least not affordable enough, with

projected rents ranging from \$700 for the lowest priced studio to \$2500 for the most expensive of the three bedrooms.

But 20 per cent of the units, because of the public bond issue which picks up 95 million of the financing on the project, must be set aside for low income housing. And Tishman, a long standing fair housing advocate, has also voluntarily reserved another 30 percent of the units for moderate income housing. And the project is not displacing any existing low income housing. The land on which it is being built has been vacant for more than 15 years.

The project will also be bringing jobs to neighborhood residents. There will be over 2,000 jobs provided during construction, and after construction 200 people will be needed to staff the project. Tishman's agreement with the Redevelopment Agency is that 50 per cent of all jobs will go to neighborhood residents. And the Third Baptist Church will be getting its community center as part of the deal.

Neighborhood residents living in the immediate area around the development, who were either directly invited or simply wandered into the ground breaking festivities to see what was going on, seem very pleased with the project, which will shift the entire center of gravity of the neighborhood south, and hopefully establish it is a large neighborhood which is integrated rather than split, but ethnically and culturally diverse.

When he asked how he felt about the project, Clark Taylor, 31, life-long neighborhood resident said, "If they give me a job I'll feel wonderful about it. If they don't give me a job I'll be mad as hell."

### The Tishman project at a glance

Location:	Geary—Turk x Fillmore—Steiner	Retail units:	25-30
Total land area:	9 acres	Target first occupancy date:	Spring '88
Park area portion:	4 acres	Target completion date:	December '89
Architecture:	Post-modern	Unit Composition:	
Form:	Two 16-story, a 13 and a 12-story high-rise, an 8 story mid-rise and a 4 and 5-story low-rise.	Type of Unit:	# of Units: Square Ft. Rent Range:
Cost:	\$130 million	Studios:	311 550 \$700-\$1000
Residential Square Footage:	859,350	1 Bedrooms:	432 750 \$860-\$1300
Residential Units:	1,113	2 Bedrooms:	338 950 \$1090-\$2000
Retail Square Footage:	73,000	3 Bedrooms:	32 1350 \$1350-\$2500





## Clinton Chevron's Car Care Tips

by Jane Clinton

### Does Your Car Have Arthritis?

Do you hear a whine from the rear of your car, a clunk at low speed or a clicking in the front end? It's possible your car needs some joint lubrication or replacement surgery.

In rear wheel drive cars, the drive shaft serves to connect mechanically the transmission to the rear axle. That's how the power gets from the engine to the rear wheels. The shaft rotates one direction to go forward and the opposite direction to drive the vehicle in reverse. Because of the angles involved in getting power from the engine/transmission to the rear axle, and because the drive shaft must operate through these angles, universal joints are commonly used at each end of the drive shaft, allowing it to move up and down and side to side.

Universal joints should be lubricated at least once a year, and should be checked whenever you feel irregular vibration or hear any clunking or clicking.

Front wheel drive cars have CV joints instead of universal joints and two drive shafts that connect the front wheels to the transaxle. These shafts are connected by outerjoints and innerjoints. Both work to compensate for the movements of the car.

By far the most frequent cause of CV joint demise is a bad boot that lets lube out and contamination in. Replacement of these rubber parts at any sign of damage or deterioration is the best insurance against a ruined CV joint.



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## CRIME WATCH

by Officer  
B. Vigil  
(Northern  
Station)

During the month of August in our neighborhood, from Van Ness to Presidio and Vallejo to Geary there were no homicides, a rape, 13 robberies, 10 assaults, 42 burglaries, 81 thefts, and 31 auto thefts. Some of the more serious crimes in the neighborhood in the last month included the following:

### Burglary—Mureta's Antiques

On Tuesday, August 4, at 4:30 in the morning the display window of Mureta's Antiques at 2418 Fillmore Street was smashed, setting off the burglar alarm. Police responded quickly, but there were no suspects at the scene. \$1500 worth of jewelry was taken from the window, which itself cost \$450 to replace.

### Check Fraud Fillamento, and Toujours

On Wednesday August 12 at 4:00 in the afternoon employees of Fillamento, alerted by employees of Kozo's who had refused to cash a check for a flamboyantly dressed female suspect, called our police communications to report that someone was trying to pass a bad check. An officer responded directly to the Fillamento call while another explored the general immediate neighborhood where he apprehended and detained a suspect matching the description. She turned out to have also earlier in the day a passed a bad check at Toujours, and was taken into custody.

### Auto burglary, arrest made

On Thursday, August 20, at ten to six in the morning officers responded to a report of a burglary of an auto in progress at 2000 Post Street. On arrival the officers observed a suspect pulling out the stereo speaker from the vehicle. The officers told the suspect to freeze and put down the speaker. The suspect fled on foot east on Post Street. The officers gave chase, one officer on foot and the other in the radio car. The suspect was then apprehended at Steiner between Post and Geary.

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## Strongarm Robbery

On Saturday August 8 shortly after midnight two women were walking westbound on Pine Street at Steiner when two suspects walked past them then turned grabbed them from behind and knocked them to the ground. The suspects then took the women's purse and wallet and fled on foot south bound on Steiner from Pine.

## Security checklist for your building:

Deadbolt locks on all outside doors  
Panel doors metal lined to resist drilling  
Rear and side doors reinforced by crossbar  
Bars or grating on rear and side windows  
Transoms securely latched  
Adequate lights at night  
Burglar alarm

## LETTER

From page 2

be handled gently lest it crumble and vanish from our consciousness. As a consumer of goods I need to place my custom where I have confidence, and as a seller of goods I have to oppose my conscience to my avidity.

The collection search should be for value, not for bargains. And when we are comfortable with value received *that* is a bargain. There are cheaper places to eat and drink than Pacific Heights Bar and Grill, but I consider it a bargain owing to the charm of the place, the courtesy of the staff and its proximity to my home. A friend of mind declined joining Pacific Heights Health Club in favor of a club which was \$300 cheaper. In the last year he has spent that much on parking at the other club which is enormously over-crowded and extremely thin on services. So where is the value?

If I go to Liquor Barn to save \$2 on a bottle of brandy I don't know what I've saved over Bi-Rite. I have to spend my time and gas money and give up my parking space. Also if we all go to Liquor Barn they will make alot of money and probably move to Fillmore Street — wouldn't that be nifty, and, perhaps next, THRIFTY? While we're at it lets get a Super-Cuts and a few good chainstores! You get what I mean. We actually can live in a Vanna White World!

Sincerely,

Ronald Hobbs

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## People in the Neighborhood: Appraisers Hobart & Lyon

### Artful appraisers get right at the worth of things

They may not look like Miss Marple or Sam Spade, but in their own unassuming way, Kathryn Hobart and Mary Kay Lyon are detectives. No, not the private eyes of television, sleuthing on a mystery case or tracking down an international spy, but rather, undertaking the painstaking, often tedious work of discovering the origins, history — and most importantly, the price—of rare objects.

For Mary Kay Lyon and Kathryn Hobart are appraisers; it is their job to help owners of art, jewelry, fine furnishings, rare objects or just about anything determine the value of their holdings. And this is often a much more difficult task than it would appear at first.

Because most of the objects that Kathryn and Mary Kay are called upon to appraise are not the type that one can just walk into Gump's and check the price tag. Rather, they are one-of-a-kinds, frequently heirlooms, and not only is their price difficult to determine, but sometimes even their purpose.

Take, for example, the time Hobart and Lyon were hired to evaluate a complete household inventory here in San Francisco. Most of the items were fairly straightforward, requiring only their usual knowledge of various markets and a minimum of correspondence with experts in selected fields. But one object baffled them.

"It was an odd-shaped brass item, obviously old, but whose purpose was not readily apparent to us," Kathryn recalled. "The owner had no idea about the object; his decorator had purchased it. The decorator likewise didn't know its purpose or true market value; he had selected it only because he liked the shape." How then could Hobart and Lyon come up with a fair market value for insurance purposes?

"Well, we undertook our normal processes of research and correspondence with museum directors and collectors, but without much result," continued Kathryn. "Fortunately for the client, Mary Kay is an inveterate browser of antique shops. And in one of those cases of serendipity, she lucked upon another one of the items in a small antique shop. It turned out to be a very rare eighteenth-century cooking utensil, whose worth was far greater than anyone had expected."

There are many reasons to want an accurate appraisal of art and objects. Obviously one of the most important motivations is to establish worth for insurance purposes. And if one is considering the purchase of a rare or unusual object, it can certainly be important to find out what the true value is, before buying it. Other reasons that clients come to Hobart and Lyon are when they need appraisals of charitable contributions and for property division purposes during marriage dissolutions.

And sometimes Hobart and Lyon have unusual clients. Like the times they are called upon by the Drug Enforcement Agency to value the property the government confiscates during raids on drug dealers (other than the drugs, of course).

Their usual client, however, is someone who wants an appraisal of an entire household or of a specific collection. And because Mary Kay and Kathryn are generalists, the client does not have to find specialists in each field. Hobart and Lyon, who began their own appraising business six years ago and have degrees in art history, offer a complete service. They are knowledgeable in a number of areas and maintain contact with consultants in a variety of fields. So whether it's a collection of Judaica or Jamaican silver, modern art or old rock-and-roll records, the client can take care of all their appraising needs with just one phone call.

An object doesn't have to be centuries old to present a challenge to appraisers in determining



Appraisers Kathryn Hobart and Mary Kay Lyon in their new office on Pine Street between Fillmore and Steiner.

an accurate value. Recently, for instance, Mary Kay and Kathryn faced a couple of very modern challenges.

The first was a collection of sports memorabilia, including a jersey worn by Ty Cobb. For the two women, both of whom know more about medieval icons than batting averages, this was a challenge indeed. But one of the aspects of appraising that they enjoy most is the exposure to new fields. And this collection gave them a chance to learn a great deal about sports.

And one of the things they learned handling this appraisal was just how great the demand is for sports memorabilia.

"I was surprised to learn that it is common practice for players in the Superbowl, and other major sports events, to change their jerseys — and other items — many times during the game, so that they can be sold," Kathryn said. "And the demand is so great that the buyers are already lined up before the game." So next January, watch and see if the uniforms get cleaner as the game progresses.

Another recent appraisal that Hobart and Lyon enjoyed was evaluating the worth of a collection of an important Hollywood art director. Through his long career working for a big film studio, the director collected over 10,000 objects from major motion pictures, and Kathryn and Mary Kay got a kick out of working with items used by some of their favorite movie stars.

But for both Mary Kay and Kathryn, the inspiration to make a career of art came from a much more distant source than Hollywood — Europe.

Kathryn, who grew up on a sheep ranch in Sonoma County, discovered a whole new world on a trip to Europe when she was twenty years old. "I found out that I was happier in cathedrals than in casinos," Mary Kay joked, "and I resolved then and there to come back and study art history." She studied art at Dominican College and the University of California, Davis, specializing in medieval illuminated manuscripts.

"After graduating, I came to the startling realization that now I had to make a living," Kathryn remembered. "And it is very, very difficult to make a career out of art history. I explored the job possibilities and decided that appraising was a realistic and interesting choice for me. And I was lucky enough to find a job."

Mary Kay likewise was influenced by living in Europe, although she was exposed to a great deal of art in the unlikely place of her hometown of Columbus, Indiana.

"The major employer in Columbus was Cummins Engine Company, and they had the enlightened policy of paying for the architectural fees of any new building going up in town," said Mary Kay. "So I studied in a library designed by reknowned architect I. M. Pei, with an original Henry Moore sculpture out front. The whole town was like a museum of modern architecture."

When her family moved to Europe in her teens, Mary Kay suddenly was exposed to buildings that were centuries older. "I fell in love with history and archaeology, and from that time on, I've never doubted that I wanted to specialize in art history," Mary Kay continued.

After receiving degrees from both Dickinson College and Columbus University (with a specialty in late Roman glass), Mary Kay also went into the field of appraising.

Mary Kay and Kathryn met while working for another appraiser, and after getting to know one another there, they decided to go out on their own. "We felt we could build a better mousetrap — or at least appraising firm — and enjoyed each other's company, so we struck out on our own," Kathryn recalled. "The decision came quickly; we sat down over drinks at Trader Vic's one evening and decided to take the plunge. If we thought too long about it, we might never have had the nerve."

They originally set up shop in Mary Kay's parents' guest bedroom to keep their overhead low. The first years of "Hobart and Lyon" were slow, like any new business, but progress was steady, and now their biggest problem is that they are often too busy. And they both report they enjoy the business aspects of running their own firm, as well as being able to deal with art all day long.

"One of the more difficult tasks, of course, is telling someone that their valuable art isn't really so valuable," Mary Kay confided. "Like the time we appraised a client's wonderful modern art collection. In the midst of truly beautiful and expensive paintings was a fake. A painting that the owner thought was worth \$800,000 was worth nothing more than the frame. Fortunately, the client was very gracious about receiving the news."

Throughout their six years of the business, Mary Kay and Kathryn have enjoyed the neighborhood, and they recently moved into new offices at 2370 Pine Street. "We love the energy, the spark of Fillmore," Kathryn commented.

—Rhonda Abrams

*Rhonda M. Abrams is a management and charitable giving consultant who is a nine-year resident of the neighborhood.*



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## Up and Down The Fillmore

by David Ish

Rorald Hobbs writes a thoughtful letter to the editor this month about the nature of community, community support, and community service, looking at some more complex issues behind my "Buy Fillmore!" campaign. Should you Buy Fillmore, he reasonably asks, if in so doing you're supporting shoddy goods or poor service? Are you exactly doing yourself or your community a favor when you support such? Question: when is a neighborhood store not a neighborhood store? Answer: when it's a Thriftway. Any chain store ruins the indigenous character of the neighborhood, and that seems precisely what the Planning Commission seems to determine to allow. They voted six to one last month to allow a Thriftway to come into the Haight Ashbury, despite a packed house at their meeting of over 60 people opposed to it, 80 of 150 merchants in the Haight opposed to it, the signatures of four thousand residents opposed to it, and the opposition of one of their own members who lives in the neighborhood and could be presumed to have some feel for the climate even if the rest of the commissioners are too thick to get it. But the plain fact of the matter is the commission just didn't give a damn whether the residents of the neighborhood wanted the store or not. This same wonderful commission that was responsible, as I am fond of saying, of screwing up our downtown by giving us a vacant Manhattan now wants to ruin what remaining character we have left in our city by letting our neighborhoods become overrun with chain stores and franchises. After all, what good can a planning commission possibly be if it can't be both politically and aesthetically insensitive at the same time. Isn't that what planning is all about? Planning Commissioner Dick Allen was quoted by Herb Caen as making the statement at the Thrifty meeting that "if merchants can't be

competitive against the big chains, they shouldn't be in business." So let's add economic insensitivity to political and aesthetic insensitivity. Just what are planning commissions supposed to do other than roll over whenever somebody says "free enterprise, Spot!" Rumors of a Walgreens on upper Fillmore Street have been floating around the neighborhood for years. I'm sure they'd love to come in; after all we have the kind of demographics that marketers kill for. And given the present personnel on the Planning Commission I'm sure they would have no problem getting approval. Getting petitions signed and showing up in droves to voice your disapproval have already proved fruitless, given the example of what has happened in the Haight. Those that defend the commission's hands-off policy do so on the basis that it is very difficult to put hands on in the sense of rules, guidelines or ordinances that will work on a city-wide basis. But the very point is that neighborhoods ought to be allowed to be neighborhoods, and if a neighborhood doesn't want a franchise or chain operation ruining its ambiance it should be allowed to say so and make it stick. The Planning Commission should be responsive to the demands of the individual neighborhoods and not try to draw up city-wide ordinances. Enforcing that responsiveness is yet another reason to support district elections. Supervisors charged with a specific constituency and neighborhood mandate against such chains are an essential part of the political mix in bringing pressure to bear on the Planning Commission to be responsive the will of the neighborhoods instead of dithering on in warmed-over Reaganomic terms about the magic of the marketplace. The people of the Haight will be taking their Thrifty case to the Board of Supervisors, and this being a year in which district elections themselves are on the ballot, the Supervisors just might overturn the Planning Commission, even though it will take a 2/3rds rather than simple majority to do so. Lets hope they see it that way. Or lets find a mayoral candidate who can give us a responsive Planning Commission. Anybody out there? Speak up!

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## Fillmore Food and Wine

by Ed Schwartz



### Cafe Trendy—hot, hotter, hottest—the Ultimate Fillmore St. Restaurant

Cafe Trendy is the newest and hottest restaurant anywhere, and it is likely to remain so. Frankly, it could only happen in California, where so many trends are born, take root and die before most people are even aware of them.

This restaurant, which opened on Fillmore Street recently, boasts so many firsts that it will excite restaurant critics for weeks, if not months, on end.

First first: Cafe Trendy will feature a new cuisine every week, not only those cuisines that are "in", but also those that have not even been discovered. To accomplish this, a new guest celebrity chef will be hired every week, according to the whims of the owners. The executive chef at Cafe Trendy will, in fact, never be at Cafe Trendy, but will instead spend most of his time travelling as guest chef, endorser of a line of frozen desserts, media personality and speaker at serious gastronomic conferences. Three weeks will be set aside for conferencing with his ghost writer working on a series of cookery books which will be available on both VHS and Beta format tapes.

In keeping with its name, Cafe Trendy has an unlisted phone number. Also, it does not have an address or any outward sign that it is even a restaurant. A unique reservation policy sets the tone. No reservations are accepted. One can sign up in a special book available at the restaurant from 9 a.m. to 10 a.m. on weekdays. Names

will be drawn at random and those persons so designated will be called the day before and given a choice of seatings, either at 6 p.m. or 10:30 p.m. for the following night. If that person is not at home, the name will go on a reserve list and be called every Monday at 9 p.m. to see if that person is interested in being placed back in the reservation pool list.

On Saturday nights, there will be a special "rush" line. Light refreshments and a mid-price, *negociant*-style Chardonnay will be served; however, no one 5 in this line will be seated. There will be a good chance that people in this line will be photographed and be seen in appropriate, toney wine and food publications. Once a person has made it into the restaurant, he or she will become a "regular" and then can call in for reservations 15 working days prior to the desired restaurant experience.

A set menu will be presented each night, consisting of three appetizers, one salad, light entree and dessert. The *prix-fixe* menu will include three trendy wines to accompany the courses. Wines will include several unknown, but nevertheless hot, Australian and Hungarian wines as well as some of the most unpronounceable names of the most obscure German and Italian bottlings. A large selection of California wines will be available, none of which are known by anyone. As soon as these wine brands are recognized by the "regulars", they will be taken off the list and new, unknown ones will take their place. Wine pricing may or may not bear any relationship to the wholesale cost of the wines.

There will be provisions for corkage and dessertage. A new policy, believed to be unique, will be for diners wishing to bring in their own main courses. Given advance notice, entrees can be brought into the restaurant for between \$25.00 and \$35.00, depending on the complexity of the dish, number of sauces and whether the dish is fish-based, fowl-based or meat-based.

Continued on page 22



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# On the wall and off the wall: neighborhood art galleries

**WILLIAM SAWYER GALLERY** (3045 Clay Street between Baker and Broderick; Open Tues.-Sat. 11 am-6 pm. Phone 921-1600): From September 8 to October 9 The William Sawyer Gallery is having a hanging of Brian Isobe. Isobe is one of the favorite artists of the gallery, and this engagement is his fourth solo exhibition there. A Japanese American from Hawaii, Isobe has used his art in the past to explore and rediscover his Japanese heritage through texture and medium, while engaging in very abstract western expressions of massive rectilinear forms. In this show of his latest work, he has retained the oriental sensibility for texture and tone, while introducing representational subjects into his work. Using primarily charcoal, darker pastels and prisma color pencils on a creamy, textured paper, Isobe, who has had over 20 exhibitions, in this showing intermingles massive black and white forms alternatively with plants and Shaker furniture. Most of the plant drawings are a top panel with a severely cropped bottom above a lower panel of the plain textured paper. While the plants are representational they are also personal metaphors for a variety of people and relationships in Isobe's world. The pieces reflecting his interest in the austere linearity of Shaker furniture, which seems to strike a resonant chord with his Japanese sensibilities, are also characterized by severe and unusual crops. In this latest show Isobe has begun to go beyond form into feeling. The originals range from \$1500 to \$3000.

**PRIMITIVO GALLERY** (2241 Fillmore, next to the Clay Theatre; Hours Tues.-Sun. 10 am-6:30 pm phone 563-0505.) From September 1 to October 4 Primitivo will be presenting a showing of contemporary naive paintings and sculpture from Latin America. The exhibition will specifically focus on Latin American artists who are self-taught and live both in villages and urban centers. Their work explores the simplicity of every day life with a fresh perspective in countries frequently torn with political unrest.

Over 100 paintings will be shown in this changing exhibition. The work is simple, direct and earthy. Vibrant colors and rich details dramatically reflect the energetic character of Latin American life. The images include festive market scenes, tranquil landscapes, and lively village scenes.

In addition to the paintings, carved stone sculpture will be exhibited. The sculpture, made mostly from soapstone found in Central America, offers a unique interpretation of the human form. Together the paintings and sculpture present an unusual and thought-provoking exhibition of art seldom seen in North America.

**MESA GALLERY** (2178 Bush Street, between Fillmore and Webster; open Wednesday through Saturday from 11:30 am to 5:30 pm and Sunday

noon to 5:00 pm. 921-3592.) The Mesa Gallery through October 4th is showing the work of Eriks Rudans, whose half saint/half demon images can be disturbing. The Tucson artist has an evident Mexican influence in his work, and a medieval fascination with suffering and death is there, too. Rudans' stylish is not without humor, however, as the piece "Stylish Woman" illustrates, wherein a not-so-stylish woman is oddly situated in an icon-like frame. The large wooden sculpture entitled "Father & Child" has a primitive, almost crude honesty to its construction; but in the face of the 7 foot figure there is the finely crafted expression of a very "fatherly" kindness.

**DUQUETTE PAVILLION OF ST. FRANCIS OF ASSISI:** (1839 Geary Blvd., between Fillmore and Steiner; Hours 11 am-4 pm Wed.-Sun. Suggested donation \$4, students and seniors \$2, children under 12 free; free admission for all on the first Wednesday of every month. Phone 563-7341.) A vast spectacular celebratory environment of found object sculpture, tapestry, music and narrative poetry, woven into a macro-collage tribute to St. Francis.

**BRIDGE OF BEAUTY:** (2426 Fillmore between Washington and Jackson. Hours Wed.-Fri. 11 to 6 pm, 11am-8 pm weekends.) Bridge of Beauty this month has its focus on Shamanic art, particularly north American, featuring Indian medicine men and women and their animal totems. There are limited edition prints by Bev Doolittle, including a matched pair that sell for slightly over \$900, and

original artwork by the very striking but less known Susan Boulet, which are priced around \$2000. The show seeks to image the sense of connection shamans and ordinary people may feel to the wholeness and power of nature through the spirit and essence of the animals that can bring nature into a certain kind of focus.

**HANK BAUM GALLERY:** (2140 Bush Street, between Webster and Fillmore. Hours: Noon- 6 Mon.-Fri. Sat., by appointment. 921-7677.) From September 1 to October 30 the Hank Baum Gallery is showing the work of Weyman Lew, a Chinese American who lives here in the neighborhood and has had over 50 one man shows from the Netherlands to Australia in the last 20 years. The boldness of his large figures is created by the contrast of the fineness of his black lines against the massive, permeating whiteness of his ground. Playfully, small splashes of detailed watercolor are characteristically in the background of his work, providing a contrast of media and form in relation to subject matter. Prices for the originals range from \$500 to \$12.

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## Films and videos for Fillmore

### "Ping Pong," "Sweet Lorraine" offered at Kabuki

Two new films at AMC Kabuki whet the appetite for the autumn crop. One, *Ping Pong*, begins when Sam Wong is discovered dead of a heart attack in a phone booth in London's Chinatown. Elaine Choi (vividly portrayed by Lucy Sheen in her screen debut) is the law clerk assigned to execute Mr. Wong's will, and she is buffeted by the culture clash between the ways of the ghetto and the assimilated minority. She responds to the challenge with a plucky attitude, as it tests her own values and roots.

But Elaine is also the lightning rod for the other characters, from the more violent aspects of the Chinese community to the more Anglicized. And the peculiar terms of Mr. Wong's last wishes set these forces into conflict. For example, the eldest son, Mike, (played by David Yip), runs a Chinese restaurant which his father insists revert to traditional Chinese fare. And a country farm is bequeathed to a close friend on the condition that it be visited once a week. Although the old friend has lived all his life in England, he has never set foot outside his beloved Chinatown.

Director Chih Leong had made a dozen Hong Kong films before this, but this is his first English production, and Jerry Liu's cleverly written script gives him a chance to go with what he knows about his hometown, having literally grown up in the Chinese restaurant of his father in London. *Ping Pong* sheds welcome light on little-seen areas of urban life - ones San Franciscans especially can relate to, citizens of a city boasting America's largest Chinese community. And, form following function, it's constructed like a Chinese puzzle box - just when one mystery is solved, it reveals another mystery nested within it.

If you happened to miss *Sweet Lorraine* at this year's Jewish Film Festival, now's your chance to catch it. A more idyllic, nostalgic film, its location is likewise a principal player - in this case, a resort hotel in the Borscht Belt at NY's Catskills. You don't have to be Jewish to like bagels, or this film. It has all the family values that would make an ideal tv movie, except the language is varying off-color at times.

Like a stay at a resort, it's not long on plot but you come to know and like its characters. It's the story of Molly (20-year-old Trini Alvarado), escaping divorced parents in Arizona by visiting her grandmother, Lillian (Maureen Stapleton), who's opening the Lorraine, the last of the family-owned resorts, for another season. But condos and glitz have caught up with it. By the time Molly's learned the ropes from the ground up, (in the kitchen, where else?), she and her new boyfriend, the hotel

"Bedroom Window,"

"Penny Serenade""Round Midnight" at Gramophone

With video cassette rentals now available in the neighborhood, THE NEW FILLMORE offers reviews of three films recently available on tape. This month, an expatriate blues musician, a Hitchcock-style thriller, and a black-and-white sudsy romance classic are featured.

**THE BEDROOM WINDOW** gets Steve Guttenberg into considerable trouble. He brings his wealthy architect boss' wife (Isabelle Huppert) home for an illicit interlude which is interrupted by a woman (Elizabeth McGovern) screaming for help below said window. Huppert sees the attacker but cannot come forward, so macho Guttenberg says he saw the assailant. When it's discovered Guttenberg has perjured himself, he becomes the prime suspect and must clear his name. The offender has killed other women using the same m.o. Guttenberg and McGovern play amateur detectives as they stalk the murderer.

Curtis Hanson has written and directed this taut hair-raiser in the manner of master Alfred Hitch-

handyman, want to take it over, but Lillian decides to sell it.

It's a gentle, warm film, made out of small moments, "black-outs" as the vaudeville circuit called them. The unsentimental sentiment and genuine, home-spun appeal to this low-budget, independent film may be owed to producer-director Steve Gomer's making lived-with material into his own. He'd summered at the resort, where his grandfather worked as a salad chef, and where he met his bride, the owners' grand daughter, and returned to it before it was demolished to make his first feature film. (All the world's a stage!)

It's an ensemble piece, highlighted by Molly as the sensitive, shy linch-pin; Lillian as the anchor ("Bobby! Liners under the fruit bowls, remember from last year!"); and a social director who's dieting to get back his original weight - 7 pounds, 4 ounces.

The Kabuki has not only earned points for booking these two films into release. They've earned two additional merit badges for reaching out to the community in their first year in the neighborhood. The good news is their 65-cent morning matinees, which, if you or your kids missed, will be returning next Summer. And Summer being over, with it a host of mindless movies return to the oblivion from whence they came. And Kabuki won't be showing much more of *that* kind of film, after audiences for something called *Disorderlies* responded in kind, if not degree. Keep the faith, Kabuki!

—Gary Gach



Elaine Choi (Lucy Sheen), law clerk, wades through the cross-cultural currents of London's Chinatown to administer the terms of Sam Wong's will in "Ping Pong," playing at the Kabuki this month. It is the first English production of director Chih Leong, who has made a dozen Hong Kong films.



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Continued on page 16





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Looking  
Good

by Elana Laub

☆ ☆ ☆ ☆ ☆

## Putting Your Best Face Forward

It is usually the face that is judged first on a person; consequently, it is very important to know how to put your best face forward!

In Europe, most men and women have facial treatments on a monthly basis—a regime that only a few have adopted here in the United States. A facial is the first step toward proper skin care. This is achieved with the use of products which respect the skin's natural lubrication. If your skin looks dull or has blackheads, then a facial will improve it. In addition, a facial treatment will re-educate you and provide you with information that will help you maintain the improvements gained during the facial.

For a facial to be of benefit, your skin must be prepared correctly. A thorough analysis is essential. This involves a close examination to insure that the correct products are used. A history of past and present skin conditions, diet, and stress is obtained in order to complete the overall picture. The facial begins with a cleansing. Make-up, excess oil, and pollutants left by the environment are removed. Cleansing should never over-strip your skin, which leaves a tight, dry feeling. When this occurs, your skin has been stripped of its natural lubrication. On oily skin, over-stripping results in the excess production of oil that can become trapped in the over-stripped pores. On

Continued on page 17



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**The New  
Fillmore:  
After a  
Fashion**  
by Kathi Wheeler

## Sophisti-kids • • • • •

Sure, boys will be boys and girls will be girls, but how do you find out how, where and what to dress them in? The New Fillmore and its surrounding neighborhoods have a growing new constituency--they crawl, toddle, skip and run, and wear clothes at least as fashionable as their parents.

You'll find four stores that cater to children's dress-up needs within ten blocks of each other, yet each offers a variety of clothing choices, price points, and overall attitude. I found very little overlap of merchandise between stores, a good sign of successful niche merchandising geared to customer choice.

### EXPECTING THE BEST

Located at 1905 Fillmore Street, Barbara Foreman's shop caters to fashionable expectant mothers who want interesting maternity wear that they can wear again AFTER the baby is born. Because Barbara realizes most mothers-to-be think of their baby long before it's born, not to mention the relatives and friends who shop along with "Mom," she also stocks thoughtful, unique baby gift items and an interesting array of infantwear. Her bib collection is exceptionally different--including oversized sneaker, ice cream cone, or building block bibs. A clothing line called Rubies has knock-out black and yellow taxi-check skirts and sweaters plus suspended matching pants...wild! In stock: newborn to 24-month sizes, plus women's maternity wear.

### COTTONTAIL & ME

Located at 1820 Fillmore Street, Cottontail & Me carries an amazing amount of items for such a small store. Owner Elizabeth Tana stocks a full line of newborn and baby-wear, bedding, toys, bibs and socks, and an arresting collection of kids' jeanswear (by Pattiwhack). For winter, Offspring's reversible cotton knit quilted tops and pants sets make for cozy crawling. Elizabeth says her customers come when they're pregnant, and keep coming back to shop as the children grow--she carries sizes that fit newborns up to five or six-year-olds. In stock: infantwear to size 6x.

### MAX 25

Located at 2550 Sacramento Street, Max 25 offers an opposite philosophy, according to owner Rorie Alos. "I call my clothes for kids 'essential wear' because I carry the types of things children can wear everyday...and wear out!" In fact, the name Max 25 came from her theory that children's clothes should cost no more than "\$25 max," she says.

Rorie chooses her stock by price point, believing that mothers want affordable, fun essential playclothes. Although her lines are from moderate manufacturers, she says most of her items are made locally, because San Francisco has an extensive market for children's clothes. Max 25 is predominantly a women's fashion store, but often, says Rorie, "children drag their mothers in here for something they like--and then the mothers stock up for themselves." In stock: infantwear to size 6x for children, plus womens' wear.

### YOUNTVILLE

Located at 2416 Fillmore Street, Yountville is the upscale boutique of designer kidswear. Exciting local designers are their most prominent feature. When Po and Darryl Chan and Karina Nimitanakit opened their elegant little shop three years ago, they discovered Malina, a California designer just beginning her first collection. "She was very innovative," says Po, "so we started when she started, and we carry her line still." Coordinated separates for infants to 6x come in kicky pastel prints and little checkerboard squares, for boys and girls.

Nini Bam Bini is another local design team carried here. They were customers, Darryl says, and started developing a bedding line that soon expanded into contemporary children's clothes. These outfits are nothing less than "hip," and come in black on bright graffiti print jumpers and jumpsuits, oversized black plaid walking coats with mixed primary color buttons and various matching pants, knickers and shortcoats.

International labels are well represented, with designers hailing from France, Italy and Japan. American labels include Baby Guess, Monkey Wear, Kiddo Ko., and Maugin Mini to name a few. Darryl says, "It was time, three years ago, to start a great children's clothing store. We choose well made, high-quality garments--most of our sweaters are handmade--because we believe parents are after quality and variety in children's clothes." In stock: infantwear to size 8.


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# Kidding Around: Things to do for and with children

Is there more for a kid than TV and a few scattered children's movies? The answer — but of course, and beginning with this issue I will offer suggestions for kids' activities and entertainments in the Bay Area.

## PRESCHOOL (2-5 YEARS OLD)

**LORI LEWIS DANCE STUDIO** Lori is a fantastic teacher who has dance classes for two and three year olds with emphasis on creative movement. Included in her classes are jazz, ballet, and yoga exercises for the wee folk. Parents participate in the two year old class but the kids are on their own from three up. Lori's other classes are for ages four to six and seven to nine. Her studio is located in San Francisco at 3435 Army Street, and her

phone number is (415) 821-1775.

**LET'S PRETEND** This is a creative drama class where the kids don costumes to play the king, queen, witch, and animals of their choice, play with puppets and make up original stories which they then act for their classmates. This class is recommended for kids three to five and is held at the Fort Mason Center, in the Young Performers Theatre. Call Ms. Hoffman, the teacher, at (415) 346-5550.

**STORY TELLING & FILMS** Western Addition Library is having films for children ages 3-5 at 10 and 11 am and 2pm on Tuesday, September 15. The library is at 1550 Scott. Call them at 346-9531 for titles. Storytelling is on Thursdays at 1:30 pm, and starts September 17.

## PRIMARY (6-12 YEARS OLD)

**ACROBATICS** On Sunday September 13, at 2:00 pm, in Zellerbach Hall at U.C. Berkeley, the Chinese Children's Palace will perform. This is a group of kids age 10 to 18 who have incredible daredevil acrobatic skills. This is a treat for the entire family. For information call (415) 642-9988.

**THE EXPLORATORIUM** This museum of touching, hearing, seeing, and exploring in the fields of science, technology, and human perception is one of San Francisco's true jewels. "Kids" from 8 to 80 love the tactile dome (a pitch black crawl-through tactile experience). A special exhibit starts September 23, Imagining Antarctica Cold. Admission is free first Wednesday of each month, and every Wednesday after 6:00 pm. Located in the Palace of Fine Arts, Lyon and Marina Blvd. For informa-

tion call (415) 563-7337.

**FILMS AND VIDEO** The Western Addition Library has a film at 3:30 pm Tuesday, September 15, title unannounced at press time, and a video, "The Secret of NIMH," Thursday, September 24, at 3:30 pm. At 1550 Scott. 346-9531.

## THE TWELVE AND OLDER SET

So maybe it's time to get your kids to participate in culture—what about an opera? While the fancy dress group will see the *Barber of Seville* at the Opera House, you and the kids can take it in at Golden Gate Park's Music concourse on September 13th at 2:00 pm. Pack a picnic lunch to make a day of it and maybe even pick up a little culture to boot. Free.

**BLUES FESTIVAL** The cream of the deep blues can be seen at Fort Mason's Great Meadow from noon to six on Saturday and Sunday, September 12th and 13th. Joe Ely, Lonnie Brooks, the Zydeco, Memphis Slim, and many more.

## FOR ALL KIDS AND FAMILIES

**ZOO KEYS** are back at the SF Zoo and are unlocking much more of jungle lore. Recordings are in four languages—English, Spanish, Cantonese, and Tagalog. Story Book Festival runs from September 5th to 7th and Features food, music, story telling, and free zoo keys for those under 16. For information call (415) 661-2023.

Continued on page 17

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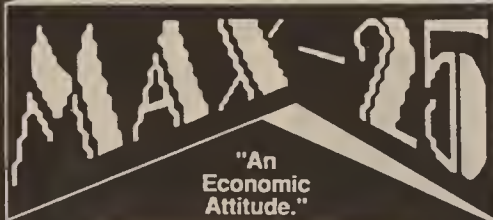
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## Putting Nutrition First

by Dr. Richard Kunin, Md.

### Are Vitamin Pills Necessary?

Medical authorities recently issued a report on "Vitamin Preparations as Dietary Supplements and as Therapeutic Agents" in the Journal of the American Medical Association. This report repeatedly states that: "healthy adult men and... women consuming a usual, varied diet do not need vitamin supplements."

If you have read any of my writings on nutrition medicine, I am sure you know that I personally disagree with that pronouncement. Based upon 20 years experience with my patients, studying their dietary patterns, measuring their nutrient levels and observing their response to nutrient therapy I can only conclude that good medical practice should put nutrition first.

Now it is a pleasure to be able to quote Drs. Jensen and Briggs of the University of California, who wrote to JAMA in response to this article. They say: "This statement, which appears—unqualified—in the report's abstract, is not sufficient dietary advice. A varied diet is adequate only when 'care is exercised in food selection'. . . That the "usual varied" diets of many population subgroups within the United States do not always meet acceptable standards is supported by dietary

surveys. Vitamins A, B6 and C and the minerals calcium, magnesium, and iron pose the greatest dietary problems. Teenagers and the elderly are examples of subgroups particularly susceptible to nutritionally inadequate diets. Furthermore, the use of weight-loss diets, which an estimated 20% of Americans follow, often makes it difficult to achieve recommended nutrient intakes."

They conclude: "For the many people who cannot or do not select proper well-balanced diets, a modest multivitamin-mineral supplement can be a safe, nutritious, and inexpensive part of a total health plan."

This jibes well with the comment of Dr. Michael Sporn, chief of research at National Cancer Institute. After investigating the cancer-protective action of vitamin A, Dr. Sporn concluded that "a single multivitamin is the best health insurance."

The resistance to vitamin pills remains quite entrenched and the majority of doctors seem to hold the view that vitamin supplements constitute a form of quackery and that their use produces only a more expensive urine.

This view totally ignores the protective action of residual antioxidant vitamins, such as C and E, in preventing transformation of foods and chemicals into carcinogens within the bowel and bladder. With this in mind, it seems more sensible to conclude that vitamin deficient urine is more expensive: it costs lives.

*Dr. Kunin is a doctor of nutritional medicine who has his practice in the neighborhood. He is also the author of two best-selling books on nutrition: "Mega-Nutrition" and Mega-Nutrition for Women."*



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## The Interior Life

by J.D. Dangerfield

### Addressing the dressing area

From her perch on her dressing table chair, she would titter and chatter - managing for almost a quarter of a century to elude one of the greatest foes for Louis XV and his century - boredom. Royal mistresses have always had the keen sense of being able to create an atmosphere that would hold a King (or any man, for that matter) for years on end. It was, no wonder, that Louis XV particularly loved to visit Mme. de Pompadour in her dressing room when she was first placed in a small series of garret-sized spaces in the north wing of Versailles.

Dressing rooms were intensely romantic and always very intimate, charming and very delightful, pleasurable spaces to lounge in. Usually with a profusion of pictures, flowers, dramatically bound books, real birds in enameled cages, menageries of china animals and fluffy little dogs prancing and pouting under foot and peeking from behind massive swatches of taffetas, silks and organdies draped over chair backs all over the room. So endearing were these rooms, that on humid summer nights, Louis XV stayed til dawn, preferring her domain for his own large apartments, his court life and ceaseless etiquette.

Although the importance and centrality of engaging business from a dressing table stool has since waned from the eighteenth century, it is no less incumbent upon us women of the '80's to learn from our more heralded ancestral ladies of substance and to recognize that the past abounds with ideas to appropriate. It is not necessary to invest in a rare poudreuse or any special caprice of marquetry and precious woods. On the contrary, many a dame tiered lace skirts and layers upon layers of fine cloth over a simple carpenter's frame. It was the assembly of brushes, combs, jars, pots, frames and mirrors which gave life to the surface of the table. What better and more genteel

way of beginning what usually ends up to be an exhaustive, frustrating eight or more hours. The luxury of taking those few extra moments and pampering oneself can make the total difference in how one approaches and contends with the activities and surprises of the day.

Abandon modernist designers who threw the dressing table into the bathroom and create a small space for your own dressing area and luxuriate it with seductive fabrics and mirrors and all those special accessories which are especially charming to you. You will be pleasantly surprised that it does not have to be an expensive or extravagant adventure, and that the atmosphere and allure of your special intimate corner (or room) will provide you with a very intimate and sensual daily expression of your own personality.

J.D. Dangerfield owns *Le Temps Perdue*, an antique and vintage consignment store on Divisadero.

### VIDEO

From page 11

cock, with as much suspense as *Rear Window*, *The Man Who Knew Too Much*, or *39 Steps*. There is nudity of the principals and brief violence. The nighttime view from *The Bedroom Window* is much clearer than in *Blue Velvet* which "blacks out" frequently; interestingly enough, both films were produced by the same studio, DEG. Despite the excellent reviews as a theatrical release, *The Bedroom Window* did not obtain the wide audience it deserves. Very few *film noir* in color succeed as well as this one; only *Chinatown* and *Body Heat* come to mind. Shot mostly at night, the look of the production may be credited in part to executive producer Robert Towne, who won the Academy Award for his original screenplay for *Chinatown*. Cinematographer Gilbert Taylor previously worked with Hitchcock and Polanski, as well as Hanson on the first picture to star Tom Cruise, *Losin' It*.

Guttenberg brings a more manly quality to the charm he previously displayed in *Cocoon* and *Can't Stop the Music* as he proves a worthy fledgling sleuth. McGovern gets better with each role, layering for rich performances since *Ragtime*, adding techniques she learned under John Houseman at Juilliard. Huppert is highly believable as she vacillates between the fidelities of

lover and wife. Exceptional ensemble work and rich production values make a rental of *The Bedroom Window* a must for suspense fans. 113 Min. VESTRON

PENNY SERENADE requires three, maybe four, handkerchiefs be kept handy — perhaps a box of tissues isn't such a bad idea. It's love at first sight for newspaperman Cary Grant when he sees Irene Dunne in a music store. He's a careless, irresponsible big-shot who prefers to be his own boss; she wants children and security. His every move is impulsive. He takes the Tokyo post for his paper on New Year's Eve, marrying Dunne in the hours before he leaves. When she joins him three months later, she's pregnant. A devastating

Continued on page 20

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## LOOKING GOOD ☆ ☆ ☆ ☆

From page 12

dry skin, the result is flakiness and irritation. Ideally, skin of any kind should feel moist and fresh after a cleansing.

Once your skin is properly cleansed, a gentle clay scrub is applied. This improves the shedding process and the color of your skin by sloughing off the top layers where the dead skin cells collect. The clay scrub will never scratch your skin or irritate the capillaries. Your skin will feel polished and smooth. A scrub that I have recently found from Richard Deason—a Canadian line of skin care oils—actually polishes the skin. Its non-abrasive texture allows you to use it 2-3 times a week. It is definitely a product for your home regime.

The main body of a facial is the massage. A light oil is used for lubrication instead of a heavy cream which can pull the skin. Designed to improve circulation and lubrication, massage is a highly controlled form of stimulation; one that utilizes smooth, concise pressure for maximum effect. Cell regeneration is improved. The individual muscle groups of your face and neck are exercised, leaving you relaxed and comfortable.

After the massage, the pores are properly lubricated so the trapped oil can be relieved with minimum amounts of pressure. Your skin should never be squeezed or broken to remove trapped oil. Instead, a facial massage followed by the application of a calming masque will easily and properly remove excess oil.

At the end of the facial you will know how to care for your skin. And education is the key to having healthy, beautiful skin.

For those who have not been in for a facial before, Beauty Store Marina is offering a special this month—a sixty minute facial for only \$20 (regularly \$35). Also, a home program is available.

Drop by any of our stores and ask for our free information package on the home facial treatment program. This program has been designed by a cosmetologist.

All of the products recommended in "Looking Good" are available at all BEAUTY STORE locations (Fillmore Street and three others). If you have any questions, come by and our experts will point you in the right direction!

"Looking Good" appears monthly in *The New Fillmore*. Elana Laub is co-owner and vice-president of BEAUTY STORE.

## KIDDING AROUND • • • • •

From page 14

**FAMILY STORYTIME:** At the Western Addition Library, 1550 Scott St., Wednesdays at 7 pm beginning September 16.

*This compendium of children's activities has been rounded up by Matilda Kunin, director of after school drama activities for the Town School, and Executive Director of the Young People's Theatre. If you have any listings or suggestions, dramatic or otherwise, for children's activities, Matilda would love to hear from you care of the New Fillmore, Box 343, 2443 Fillmore Street, San Francisco, CA 94115.*

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Pets Unlimited residents take a midday stroll, pussyfooting around a big cat mural on the floor.

## Pets Unlimited celebrates 40th anniversary

Pets Unlimited, located at the corner of Fillmore and Washington since 1974, this month actually celebrates its 40th year of operation. Founded by Alice Coldwell, who was inspired by a friend's habit of adopting five dogs a week and then prevailing on her friends to take them, Pets Unlimited has been a benefactor to San Francisco animals since 1947. From these modest beginnings, Pets Unlimited evolved into a full-service, nonprofit veterinary hospital and animal shelter.

It began operation in a small building on Arguello Street. The shelter soon outgrew the space and moved to Sacramento Street. There it remained until 1974 when city zoning changes forced a move. Since that time, Pets Unlimited has been located on Fillmore Street in a 34-room, 16,000 square foot building. The shelter no longer houses dogs because of zoning restrictions.

Wildlife murals and brightly painted pipework decorate the upstairs cat shelter. Skylights provide extra light and the animals have large, comfortable cages. Lorren Cameron, shelter manager, carefully screens adoption applicants to determine their long-term interest in owning a pet. "Sometimes," she says, "it's necessary to turn people away rather than take the risk of an animal being abused." At present, Pets Unlimited provides shelter for 25 adult cats and up to 12 kittens.

The full service veterinary hospital is staffed with four veterinarians and six technicians. Approximately 50 animals a day are examined at Pets Unlimited. Daily routines include surgery, vaccinations, emergencies, grooming, and regular office visits. Snakes, birds, cats, dogs, and other kinds of animals are all cared for. The doctors enjoy helping both exotic and domestic pets. Moreover, the Pets Unlimited staff has a very humane and unusual philosophy—animals are not "put to sleep" unless seriously ill. Therefore, some cats have lived at Pets Unlimited for years!

Special services Pets Unlimited now offers include orthopedic surgery, a vaccination clinic, reduced fees for pets of senior and disabled citizens, and hospital tours for pre-schoolers.

Pets Unlimited founder Alice Coldwell, now 92, while no longer active in the operation, still sits in on board meetings and lives here in the neighborhood. Her many personal pets have included nine chihuahuas. Her current companion is Chuki, a 12 year old rogue who eats nothing but tender chicken.

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## Is Cruising For You?

I used to think cruising would be the most boring vacation I could ever take—sitting on board a ship with nothing to do except eat mass quantities of food. Right? Wrong! I quickly abandoned this preconceived notion when I discovered that cruising can indeed be worthwhile, stimulating, and fun.

Why take a cruise? I suppose I could mention the multi-colored sunsets and balmy nights, the decks awash with moonlight. Or perhaps the excitement of seeing foreign ports and meeting peoples of other lands. Could I lure you with the ease of cruising? Everything is taken care of as soon as you arrive at the airport of your embarkation port—Unpack only once—no meals to cook and you don't even have to think about where to eat! The only decisions to be made are which daytime activities to participate in or whether or not to attend a movie, read a book, see the nightly show, gamble, go dancing, or visit with friends in one of the bars. A stress-free vacation!

Cruises are unique in that you can see a number of places, glimpsing a 'slice of life' of another culture. Granted, you will not be able to write an in-depth thesis on the people; but it is surprising how much you can see and experience on a one day port stop. When I took a Caribbean cruise, we were able to enjoy the highlights of Martinique, practice French and shop for French perfume. In Haiti, we visited an art gallery of a friend, met a former minister of tourism while having breakfast, saw his private art collection, and still had time for relaxation, exploration and a couple of beers. From St. Thomas we took a ferry to St. John where we saw the beautiful and famous Caneel Bay Hotel, snorkeled along the spectacular underwater trail, and then spent a couple of hours shopping in the duty-free city of St. Thomas. In Barbados we had time to drive around the island and experience its lush sultry beauty. These short hops are a great introduction to an area and help to narrow down the choices of where to go back for a longer sojourn. In addition to cruises with varied international ports, some cruises will take you to only one specific area. For example, there are cruises around Tahiti, Fiji, Hawaii, the Galapagos Islands, down the Nile River, up the Scandinavian Cape for the Midnight Sun, and along the coasts of Alaska and Mexico. Want to hear more?

Besides deciding where in the world you would like to travel, another important consideration in planning your cruise would be the type ship on which

to travel. If you're a large ship enthusiast, the 70,000-ton Norway (the former SS France) may be for you. Carrying 1900 passengers, this ship has all the amenities and excitement of a bustling, floating city. The atmosphere on board the Norway can vary from formal to casual depending on what you choose. The entertainment is lavish and diverse with full Las Vegas revues, Broadway plays such as Cats or theme cruises being featured. On the other end of the spectrum are other ships such as the small Windstar or Windsong, which carry only about 150 passengers. These ships, distinguished by their tall masts and six white sails, are definitely unique and rather exclusive. The sailing enthusiast and those seeking fewer entertainment activities would feel at home here. Many water sports such as waterskiing, scuba diving, and windsurfing are included. You can even bring your favorite videos from home and watch them on the VCR in your cabin. There are even smaller ships available which are able to sail

right up to the shore for picnicking and snorkeling. Another type of cruise is a specialty river boat such as the Delta Queen Steamboat. Made of a wood superstructure, this ship is like a floating country inn—traveling down the Mississippi. Other river boats would be those cruising the Nile. Made especially for the river with large picture windows from which you can watch the Egyptian life pass by, these boats can dock against the shore for easy touring of the ancient temples. Some ships like the Stardancer allow passengers to bring their cars so as to drive through parts of Mexico or Alaska upon disembarking. Other ships and boats such as those of Lindblad emphasize learning and employ guest lecturers to guide you through the mysteries of the different countries and regions.

There are as many choices for cruising as there are types of people in the world. Deciding the size of the ship, the port preferences, and figuring the cost are the most difficult yet fun decisions you'll have to make when planning a cruise vacation. Once on board, you are free to pursue any interest you may have—physical activity, intellectual or cultural stimulation, or just plain relaxing in a stress-free environment. Bon Voyage!

*Susan Campos is Vice-President of Pacific Heights Travel*

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## Great Old Houses # 28

The Simon Koshland house at 1848 Pine is one of 200 surviving houses by The Real Estate Associates, builders of No. 2 and 4 in this series, 2115 Bush and 2503 Clay. In 1875, the year it was built, T.R.E.A. (that was their logo) sold 320-385 houses. This one was part of a tract that began halfway to Octavia, ran all the way around the corner at Gough and halfway up to California. In 112 years there've been changes: three houses have gone, the second building east was added about 1910, on Gough are a 1900-ish front and a corner building once stripped and asbestosized, nearly restored in 1976. The ten houses sold in April-October 1875 for \$5,500 to \$12,000, a little above T.R.E.A. average. The land had cost \$15,200 in July 1874.

Early in June 1875, Simon Koshland bought 1848 Pine and its next-door garden for \$5,500. He needed a big house for his eight or ten children, aged about 3 to 20. The Koshlands kept the house until 1913; Simon died there in 1896 and his wife Rosine about 1911. It seems to have been a close-knit patriarchal family. Sons went into the family business, children lived at home until they married, grandchildren came back. Simon's habits of attention to his Temple and unostentatious charities have survived "unto the third and fourth generations," as this became an important San Francisco family. Son Marcus built the more famous Koshland House at 3800 Washington, the imitation Petit Trianon; Marcus' son Daniel Koshland was a president of Levi Strauss. Other descendants continue to make waves in this community. Many intermarried with other clans of pioneer Jewish merchants.

Simon Koshland himself was born in 1825 in Ichenhausen, Bavaria, and before the age of 20 he was in the U.S., probably alone. He became a citizen in Philadelphia, where he met and married Rosine Frauenthal. About 1850 he came to California, but directories first show him in Sacramento in 1853, a wholesale clothing merchant, working with his brothers Nathan and Max. In 1858 Nathan moved to San Francisco, center for shipments to Canada.

By the time he bought this house, Koshland Brothers was a significant firm of commission merchants and dealers in wool, hides, and furs; Nathan lived in San Francisco, Max had relocated in Portland. In 1879 the brothers split, Simon founding S. Koshland & Company with his oldest son Joseph, who became the New York representative. Specializing in "wool, bags, and bagging,"

Continued on page 22



1848 Pine Street has always had the garden next door.

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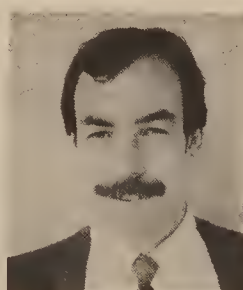
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CAFE TRENDY
From page 9

Cafe Trendy will feature power breakfasts, power lunches and power high teas. Prices will vary greatly according to the bottom line of the deal consummated. Decor will vary according to the guest chef. One week, hard, stiff chairs will prevail; the following week, comfortable chairs will be offered. There will be smoking, non-smoking and partial-smoking sections as well as special sections for cigars, pipes, and clove cigarettes. Special ambiances will be provided.

Service will achieve a high degree of polish. There will be two kinds of waitpersons—those who will introduce themselves with a full resume and 8x10 glossies, and those who will remain strictly anonymous. Each speaking waitperson will explain the method of preparation in both English as well as the language of the origin of any particular dish.

Speaking of service, weeks beginning with an odd date will find a 20% service charge added to the bill. Weeks with even dates will give patrons a choice of tipping formats. Accoustics can be adjusted at will.

Do your one-stop shopping the friendly, neighborhood way with independent merchants.

- Grand Central Market
- Grand Central Poultry
- Petrini's Meats
- Viglizzo Family Deli

"You're not just our customers—you're our friends."

2435 California Street

Owners of Cafe Trendy noted that all this and probably more is necessary to keep au courant. "In order to be a successful restaurant, we have to experiment, keep moving forward, be constantly talked and written about. After all, today's hot restaurant is tomorrow's yawn city. We're talking not only jumping on trends before they develop but, in fact, creating serious tradition in the shortest period of time." Ed Schwartz writes about Fillmore food and wine, and lives dangerously close to the neighborhood.

HOUSES
From page 21
they seem to have bought wool from producers all over the west and marketed it in the east, especially Boston, shipping point to New England mills. By 1908 Simon's sons Abraham, Jesse and Joseph lived in Boston; Marcus Koshland was the only partner left in San Francisco. The relative modesty of 1848 Pine Street symbolizes the solid foundation of this old San Francisco family.
—Anne Bloomfield

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Mon-Sat. 7am to 8 pm
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Phone Orders Accepted 11 am to 2 pm (Service Charge)
Sale Dates Sept. 1-6
DELI
The Sandwich King
Norw. Jarlsberg Swiss Cheese.....lb..\$3.89
Molinari Salami...lb..\$3.89
Macaroni Salad.....lb..99¢
Black Forest Hams.....lb..\$6.49 (Smoked hams)
B.B.Q. Turkeys EVERYDAY
MEAT • FISH • POULTRY CUT TO TO ORDER
Market Steaks.....\$4.99 lb
Ground Chuck.....\$1.99 lb
Chicken Legs.....99¢ lb
Red Snapper or Trout Fresh.....\$2.69 lb
Franks: Elegant or Skinless .....\$1.99 lb
GROCERIES
Spill Mate Towels..... 69¢
Marina Bathroom Tissue
4 pck asst & white.....\$1.29
Luau-Napkins 100 ct.....89¢
Friskies Buffet Cat Food
6 oz. cans.....3 for.. 99¢
Kleenex Huggies
Large Diapers 30's.....ea..\$10.99
Monarch Clear Chicken Broth 14.5 oz...39¢
PRODUCE Garden Fresh
Large Size Mushrooms.....lb..\$1.49
Large Size Red Delicious Apples
Extra Fancy.....lb..79¢
Bananas.....5 lbs..\$1
Loose Carrots.....lb..19¢
All Lettuce.....ea..49¢
LIQUOR & FINE WINES
Jim Bean
1.75 lit.....\$12.99
Old Crow.....\$6.99
Gilbey's Gin
750m.....\$5.99
Wines
Almaden Chardonnay
750m..... \$3.99
Almaden Cabernet
Sauvignon 750m.\$3.99
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Blanc 750m.....\$3.99

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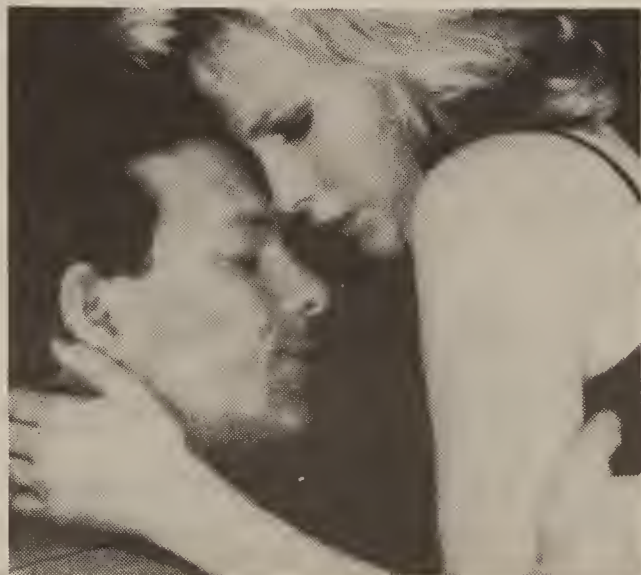
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burn up the screen in a tale of  
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**2001: A SPACE ODYSSEY**  
The Ultimate Trip—the original  
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science fiction.



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The Space Odyssey continues with  
Roy Scheider and John Lithgow.



**POLTERGEIST**  
Demons terrorize a young family in  
this Spielberg thriller!



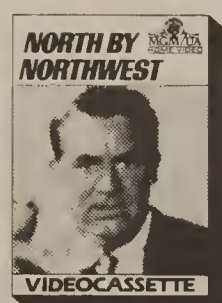
**KELLY'S HEROES**  
Clint Eastwood & Co. set out to rob  
a bank...and damn near win a  
war instead!



**DINER**  
Mickey Rourke, Steve Guttenberg  
and friends face adulthood in this  
comedy smash.



**WHERE EAGLES DARE**  
Eastwood and Caine in a  
suicide mission that could win  
World War II.



**NORTH BY NORTHWEST**  
Cary Grant's on the run in  
Hitchcock's sparkling spy thriller!

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Offer expires 9/30/87.

## News from 2000 Post

It's the time of year San Franciscans love best — balmy weather and a full slate of activities. We're certainly out to make the most of this "best season of the year" at 2000 Post! And you're invited to join us.

### BIG LAUGHS AHEAD

Apartment communities doubling as comedy clubs are standard back East. But, as far as we know, our Wednesday Night Comedy Nights are a first for a Bay Area complex. With a line-up set by Rich Friedman (Tommy T's in Concord), they're bound to be winners ... \* Dana Gould, ranked among the Top Ten Boston comics before relocating to the Bay Area last year, headlines Wednesday, September 16. Johnny Steele and Carlos Alazraqui, fill out the show ... \* One of the Bay Area's top female comics, Lizz Winstead, also a Boston headliner before coming here, tops the bill on Wednesday, September 23. Appearing with Lizz — Brian Copeland and Carlos Alazraqui.

Both shows begin at 7 pm in the 2000 Post courtyard; hors d'oeuvres, a cash bar and mingling begin at 6:30. The shows are free to 2000 Post residents and non-residents who tour our models; just \$5 for others.

### SINGLES SEMINARS CONTINUE

Carolyn Kellams offers advice on "Having A Positive Attitude" at her September 3 seminar ... Juliette Smith holds forth on "How And Where to Meet Single Men" on September 15 ... \* Carolyn returns September 23 with tips on "Finding The Right Love." All Singles Seminars begin at 7 p.m., with hors d'oeuvres and socializing starting at 6:30. Programs are free to 2000 Post residents and those who tour the models; \$5 for others.

### BENEFIT FOR PEACE

"It's a Small World" is a benefit for Children As Peacemakers to be held at 2000 Post on Saturday, September 27, from 3 to 8 pm. Many of The City's singles groups have banded together to make this benefit event a tremendous success. If you want to help or find out more, call the 2000 Post offices at 922-2006.

### AND NOW, AN UNABASHED PLUG ...

... for 2000 Post's own Larry Gelman, who stars in "Einstein: The Man Behind the Genius" at the Waterfront Theater in Ghirardelli Square. Gelman is living in one of 2000 Post's corporate units during the one-man show's San Francisco run. He's getting excellent reviews, standing ovations and sold-out houses for his portrayal of one of history's most intriguing figures ... which runs through September 27. Call Waterfront Theater (885-2929), STBS or Ticketron for tickets (\$20 Fri/Sat nights; \$16 all other performances). If a 2000 Post contingent gets together to attend, special group rates apply!

### COMING UP

We're hosting the merchants'-night opening bash to kick off the Fillmore Street Fair from 6 to 9 pm Friday, October 8. The plan is to recreate a "street scene" and feature local fashions, wares and talent (along with food and drink). Sean Teeters, or a sidekick, is likely to be calling to ask you to participate. Do. It's going to be a kick of a kick-off.

















T H E

# NEW FILLMORE

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		2501			2500
<i>Jackson</i>		2499	<i>Jackson</i>		2498
		2401			2400
<i>Washington</i>		2399	<i>Washington</i>		2398
		2301			2300
<i>Clay</i>		2299	<i>Clay</i>		2298
		2201			2200
<i>Sacramento</i>		2199	<i>Sacramento</i>		2198
		2101			2100
<i>California</i>		2099	<i>California</i>		2098
		2001			2000
<i>Pine</i>		1999	<i>Pine</i>		1998
		1901			1900
<i>Bush</i>		1899	<i>Bush</i>		1898
		1801			1800
<i>Sutter</i>		1799	<i>Sutter</i>		1798
		1701			1700
<i>Post</i>			<i>Post</i>		

## PARTICIPATING FILLMORE MERCHANTS

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2021 Fillmore 931-3081  
Narumi  
1902B Fillmore 346-8629

### AUTOMOTIVE:

Clinton Chevron  
Calif. at Steiner 567-1136

### BAKERIES:

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1890 Fillmore 923-0711

### BEAUTY & HAIR CARE:

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1551 Fillmore 563-9793  
Hair Boutique  
1803 Fillmore 922-8138  
Nail Gallery  
2050 Fillmore 346-1600

### BOOKS:

Browser Books  
2239 Fillmore 567-8027

### CATERING:

Vivande Porta Via  
2125 Fillmore 346-4430

### CHILDREN'S CLOTHING:

Cottontail & Me  
1820 Fillmore 563-8262

### CLEANERS/LAUNDRY:

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2325 Pine Street  
Wash Palace  
2056 Fillmore 922-4093

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Rolling Pin Donuts  
2401 California 931-0817  
Rory's Twisted Scoop  
2015 Fillmore 346-3692

### EXERCISE:

In-Shape  
2328 Fillmore 346-5660

### FASHION:

Bolla  
1903 Fillmore 346-3131  
Company Store  
1913 Fillmore 921-0365  
Invision  
1907 Fillmore 563-9003  
Jim-Elle  
2237 Fillmore 567-9500  
Khyber Crossing  
Fillmore at Clay 563-2933  
Kozo  
2116 Fillmore 567-2191  
Mansfield's  
2323 Fillmore 931-3232  
Max 25  
2550 Sacramento 563-1713  
Mio Inc.  
2035 Fillmore 931-5620  
Tojours  
2484 Sacramento 346-3988  
Way We Wore (Vintage)  
2238 Fillmore 346-1386

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2310 Fillmore 622-4213  
Wells Fargo Bank  
2100 Fillmore 396-2794

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1756 Fillmore 563-4276  
eggcentricity  
1848 Fillmore 931-1848

### GALLERIES:

Primitive  
2241 Fillmore 563-0505

### HEALTH CARE:

Victorian Convalescent Hospital  
2121 Pine 922-5085

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2047 Fillmore 346-0700  
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2185 Fillmore 931-2224  
LeComfort Bath Shop  
2105 Fillmore 922-2929  
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1801A Fillmore 931-7622

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2505 Sacramento 922-5100

### LIQUOR:

Bi-Rite Liquors:  
2066 Fillmore 346-1400  
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1761 Fillmore 567-9710  
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Vigizzio Deli  
2435 California 567-4902  
Weldon's Market & Deli  
1981 Sutter 563-0190  
HasBeans  
2411 California 563-0226

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Expecting The Best  
1905 Fillmore 931-1010

### MEN'S CLOTHING:

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1903 Fillmore 346-3131  
The Producer  
2133 Fillmore 931-5000

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Pets Unlimited  
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### REAL ESTATE:

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### RESTAURANTS:

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Burger King  
1701 Fillmore 346-1888  
Chesnut Cafe  
2016 Fillmore 922-6510  
DePaula's  
2114 Fillmore 346-9888

### RESTAURANTS(Contd.)

Harry's  
2020 Fillmore 921-1000  
The Hillcrest  
2201 Fillmore 563-8400  
Jackson Fillmore  
2506 Fillmore 346-5288  
La Mediterranee  
2210 Fillmore 921-2956  
La Posada Restaurant  
2298 Fillmore 922-1722  
Leon's Bar-B-Que  
1911 Fillmore 922-2436  
May Sun Restaurant  
1740 Fillmore 567-7788  
Mi-Burrito  
1947 Fillmore 563-3509  
Pac.Heights Bar & Grill  
2001 Fillmore 567-3337

### SHOES:

Algebra  
2115 Fillmore 921-7711

### THIFT STORES:

Goodwill  
2042 Fillmore 931-1750  
Next To New Shop  
2226 Fillmore 567-1627  
Opportunity Shop  
2028 Fillmore 563-9703

### TRAVEL:

Pacific Heights Travel  
2211 Fillmore 931-8000  
M&K Travel & Tours  
2050 Fillmore 346-6788

### VACUUM CLEANERS

Clean Machines  
1724 Fillmore 346-8227